



Weekly Activity Program

Monday

Briefing at Poco Loco's Cafe (next to the surf and windsurf centres) or at the school for a small briefing about possible sport/cultural activities you may do during your stay and share other helpful information.

18:15 Pilates in Costa Teguise (confirmation is needed)

Tuesday- 17:30 – Practice you Spanish

Join a gathering of people of different nationalities whose aim is to practise different languages including Spanish, of course!

20:40: Tapas or cinema night (*)

Wednesday 19:00 – 21:30 (*): Spanish cooking night

Learn how to cook typical Spanish dishes such as Gazpacho, Tortilla de patata, Gambas al ajillo, Mojo canario, flan..... Taste different local cheese and wine and enjoy the dinner. Price €47. Please book in advance (min. 3 days).

Thursdays 16:30 - Practice you Spanish

See Tuesday

Or 18:00 Yoga yin flow - We meet in La Academia at 17:45 for a yin flow yoga session (15€) in a Yoga Studio near by.

Fridays: 16:30 - PRACTICE YOUR SPANISH

See Tuesday. On Fridays, only the first and third Friday of the month.

19:30 “cañita (beer) de los viernes” (*) in Pueblo Marinero.

Saturdays : hike to the north or south of the island (*)

Half a day tour in private air-conditioned transportation with great cultural, historic and scenic sites (40€). Please book in advance (min. 3 days)

Sunday Morning (until 14:00pm): Mercadillo Teguise (market)

Visit the former capital of Lanzarote, Teguise, that holds the biggest market on the Island

(*) Min. 3 students for guided activities.